

	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
Theme/Big Idea	Resilience and Self-Esteem	Stereotyping, Prejudice and Discrimination	Your Changing Body	Building Relationships	Citizenship: The Democratic System in the UK	Financial Decision Making
Content What are they learning? (including keywords)	<p>What are they learning?</p> <p>This unit supports Year 7 students as they adjust to the transition from primary to secondary school. It also introduces the concepts of resilience and self-esteem, helping students explore practical ways to strengthen both.</p> <p>Keywords: Identity, influence, unique, transition, self-esteem, resilience, British Values.</p>	<p>What are they learning?</p> <p>This unit supports pupils in developing an age-appropriate understanding of the negative impact that stereotyping and prejudice have on individuals and communities. Pupils are introduced to the Equality Act 2010 and the protected characteristics. They also learn how to identify aspects of bullying and how to seek help.</p> <p>Key words</p> <p>Stereotypes, prejudice, discrimination, equality, protected characteristics, law,</p>	<p>What are they learning?</p> <p>This unit covers the physical and emotional changes that take place during puberty and how these changes can influence friendships and family relationships. Pupils explore the importance of body confidence and learn how external influences can affect the way young people feel about themselves, and how to deal with unwanted contact. In line with statutory government guidance, the unit also provides age-appropriate information about FGM.</p>	<p>What are they learning?</p> <p>This unit supports pupils in understanding the key characteristics of healthy relationships and recognising signs of unhealthy relationships. Pupils are introduced to the concept of consent, including what the law says and why clear, respectful boundaries are important. They also learn when and how to seek help from trusted adults if they ever feel unsure or unsafe.</p> <p>Keywords:</p> <p>Relationship, romantic, boundaries, intimate, assertive, submissive, passive, aggressive, rights, responsibilities,</p>	<p>What are they learning?</p> <p>This unit introduces pupils to different systems of government and helps them understand the distinct roles of Parliament and the Government in the UK. Pupils learn how elected representatives are chosen and what their responsibilities are. The unit also explores the rights and responsibilities of UK citizens, alongside an age appropriate introduction to the Rights of the Child, helping pupils understand how these principles protect and support young people.</p> <p>Keywords:</p>	<p>What are they learning?</p> <p>This unit helps pupils develop essential skills for managing money confidently and responsibly. They learn the basics of budgeting and saving, as well as the factors that can influence spending habits. Pupils are also taught how to recognise and avoid online and in-person scams to help keep themselves safe. In addition, the unit explores the risks associated with gambling and its potential impact on wellbeing and financial security.</p> <p>Keywords:</p> <p>Saving, budgeting, spending, finances, savings account, stocks and shares,</p>

		blackmail, sexting, harassment, race, culture ethnicity, sex, gender, sexual orientation, prejudice, physical verbal, responsibilities, relationships, conflict, respect, trust, thankfulness	<p>Keywords</p> <p>Puberty, emotions, relationships, adolescence, independence, confidence, appearance, pressures, editing, manipulation, ideals, FGM, harmful, illegal, sexual harassment</p>	consent, capacity, selfies, nudes, explicit images, sexting	Democracy, government, parliament, MP, Monarch, House of Commons, House of Lords. Political party, general election, liberties, citizens, entitlements, UN Rights of the Child	income, fixed costs, purchase, consumer, investment, risks, responsible, gambling, online scams, fraud, vishing, money mules
<p>Skills</p> <p>How are they learning it?</p>	Practical life skills such as discussion, communication and active listening, development of emotional literacy, paired work, problem solving, self-awareness, resilience, self-esteem, and emotional regulation.	Practical life skills such as discussion, communication and active listening skills, development of emotional literacy, problem solving, self-awareness, respect, empathy, respectful language, critical thinking skills.	Self-awareness, resilience, self-esteem, emotional regulation, active listening, shared responsibilities, healthy boundaries, respect, safe interactions, understanding physical and mental health.		Understanding rights, responsibilities and participation in the wider community	Understanding money, budgeting, and basic economic concepts.
<p>Key Questions</p>	<p>How are you unique?</p> <p>Where can I get help in school?</p> <p>How can I develop more positive self-esteem?</p> <p>How can I build more resilience?</p>	<p>How can I recognize negative and prejudicial attitudes?</p> <p>What are the consequences of negative and prejudicial attitudes?</p> <p>Why is the Equality Act 2010, so important?</p>	<p>What physical and emotional changes happen during puberty?</p> <p>What is body confidence and what influences it?</p> <p>What is FGM and how can I seek help if I, or someone I know, is affected by it?</p>	<p>What are the characteristics of a healthy and unhealthy relationship?</p> <p>What does the law state about explicit online pictures?</p> <p>What is consent and why is it so</p>	<p>What different political systems are there?</p> <p>What is democracy?</p> <p>What are the roles of different parts of the government?</p> <p>What are the rights and responsibilities of UK citizens?</p>	<p>How do I budget and manage my money?</p> <p>What affects prices and what affects peoples' choices as consumers?</p> <p>How do businesses promote their products and ideas?</p>

		<p>Where can I get help if I, or someone I know, is being bullied?</p> <p>What are my values around relationships?</p>	<p>What is unwanted contact and how can it escalate into more concerning behaviours?</p>	<p>important to gain from someone?</p>	<p>What are the Rights of the Child?</p>	<p>What are the risks and impacts of gambling?</p> <p>How can people protect themselves against fraud and keep their financial information safe?</p>
<p>Assessment (specific assessed piece(s); milestone(s))</p>	<p>Using Billy Monger as an example, write a paragraph about how people can overcome setbacks and why resilience is so important in life.</p>	<p>Write a letter to an adult in your household who does a lot for you. Include how they help and support you, a key memory of a time they helped you and why you are thankful to them.</p>	<p>Create a poster that will help other pupils in school to know what they can do if they are uncomfortable with the way someone is behaving towards them. Include what constitutes 'unwanted contact', what to say in an uncomfortable situation, where to seek help – in person and online.</p>	<p>Multiple choice quiz to test understanding of online behaviours and the law.</p>	<p>Create a presentation in the form of a poster, PowerPoint, speech, leaflet, etc., to show your knowledge of one aspect of the unit we have covered. Suggestions: What is democracy? The British political system, The rights of British citizens, The life of Malala.</p>	<p>Group work: Dragon's Den style promotion of a product or idea and advertising plan for promoting a product/service.</p>