



WEEK 3 – SEPTEMBER 2024

FOOD ALLERGIES – Due to the nature of the school kitchen, no guarantee can be given that traces of allergens will not be found in the preparation area. Please speak to a member of staff if you have specific concerns.

Breakfast: (available from 8am)	<i>Includes: Cereal (80p) / Toast and Butter (55p) / Hash Browns (50p) / Yoghurts (87p)</i>				
Breaktime:	<i>Includes: Bacon Baps, Hot Dogs, Pizza Slices (£1.18) Sausage Rolls (£1.63), and Steak (£1.93) / Cheese and Onion (£1.71) bakes available on a Wednesday and Friday</i>				
Lunch:					
	Monday	Tuesday	Wednesday	Thursday	Friday
Dish of the Day	Sweet'n'Sour Chicken (H GF)	Cowboy Casserole	Pepperoni Pasta in Tomato Sauce (H)	Roast Beef Yorkshire Pudding (GF)	Battered Cod Fillet (H)
Vegetarian Dish	Sweet'n'Sour Quorn Pieces (VE V H GF)	Veggie Cowboy Casserole (V VE H)	Cheese and Tomato Pasta (H V)	Mac'n'Cheese (V H)	Tomato and Basil Pasta Bake (V H VE)
Sides	Rice Seasonal Vegetables Prawn Crackers	Potato Wedges Sweetcorn	Garlic Slice Mixed Salad	Roast Potatoes Seasonal Vegetables Rich Gravy	Oven Chips Baked Beans or Peas
Dish of the Day £2.25					
Dessert	Vanilla Ice Cream (V H GF)	Chocolate Crunch Chocolate Custard (V H)	Jam and Cream Sponge (V H)	Fruit Crumble Custard (V H)	Fruit and Cream (V H GF)
Dessert 91p					
<i>Main Meal Deal (2.65) – Dish of the Day & Dessert (when purchased at the same time) Jacket Potatoes and butter (£2.25) available daily - with cheese (31p) and/or beans (31p) Ordering Service for Paninis (£2.25) during break at Meet 'n' Eat</i>					
GLUTEN FREE – Dish of the Day and Dessert available daily					
Grab n Go: Available break and lunch* daily	<i>Freshly Baked Baguettes (£2.25), Sandwiches (£1.94) and Wraps (£1.93) with variety of fillings Fresh Fruit Pots (£1.18), Jelly Pots (£1.18), assorted items of Fresh Fruit (66p), and Yogurts (87p) Bottled water 500ml (97p) / 300ml (87p), Flavoured water 500ml (£1.18) / 300ml (87p) Traybakes / Cookies (subject to availability) (97p) – Lunchtimes only*</i>				

H = halal
V = vegetarian
VE = vegan
GF = gluten free