

Physical Education

Setting the Scene (ASS 2) – A1 Grid - Focus on a defensive weakness that occurred in a recent match/performance. Describe using the help below what happened.

1. Who are you analysing. Usually yourself but can be a different person. What is your position/role in team/game
2. Standard (teams, league etc)
3. When did weakness occur (time/score/location)
4. What is the skill? Must be a defensive skill – check AQA specification on line if unsure.
E.g. Football defensive header/tackle.
5. Has to come from core/advanced skills on syllabus