



# WEEK 3 – September 2023

**FOOD ALLERGIES** – Due to the nature of the school kitchen, no guarantee can be given that traces of allergens will not be found in the preparation area. Please speak to a member of staff if you have specific concerns.

<b>Breakfast:</b> (available from 8am)	<i><b>Includes:</b> Cereal (80p) / Toast and Butter (55p) / Hash Browns (50p) / Yoghurts (87p)</i>				
<b>Breaktime:</b>	<i><b>Includes:</b> Bacon Baps, Hot Dogs, Pizza Slices (£1.18) Sausage Rolls (£1.63), and Steak (£1.93) / Cheese and Onion (£1.71) bakes <b>available on a Wednesday and Friday</b></i>				
<b>Lunch:</b>					
	<i><b>Monday</b></i>	<i><b>Tuesday</b></i>	<i><b>Wednesday</b></i>	<i><b>Thursday</b></i>	<i><b>Friday</b></i>
<b>Dish of the Day</b>	BBQ Chicken Pasta	Katsu Chicken	Pulled Pork in a Bun	Roast Beef and Yorkshire Pudding	Battered Cod Fillet
<b>Vegetarian Dish</b>	BBQ Vegetable Pasta	Katsu Breaded Quorn Burgers	Pasta Arrabiatta	Mac'n'Cheese	Tomato Pasta Bake
<b>Sides</b>	Mixed Vegetables Garlic Bread	Vegetable Noodles or Rice Sweetcorn or Peas	Homemade Slaw Mini Corn on Cob Seasoned Wedges	Roast Potatoes Carrots Broccoli Sage and Onion Stuffing Gravy	Oven Chips Baked Beans or Mushy Peas
<b>Dish of the Day £2.25</b>					
<b>Dessert</b>	Fruit and Ice Cream	Chocolate Sponge with Custard	Treacle Sponge with Custard	Fruit Crumble with Custard	Ice Cream Tub
<b>Dessert 91p</b>					
<i><b>Main Meal Deal (2.65) – Dish of the Day &amp; Dessert (when purchased at the same time)</b></i> <i><b>Jacket Potatoes and butter (£2.25) available daily - with cheese (31p) and/or beans (31p)</b></i> <i><b>Ordering Service for Paninis (£2.25) during break at Meet 'n' Eat</b></i>					
<b>GLUTEN FREE – Dish of the Day and Dessert available daily</b>					
<b>Grab n Go:</b> Available break and lunch* daily	<i><b>Freshly Baked Baguettes (£2.25), Sandwiches (£1.94) and Wraps (£1.93) with variety of fillings</b></i> <i><b>Fresh Fruit Pots (£1.18), Jelly Pots (£1.18), assorted items of Fresh Fruit (66p), and Yogurts (87p)</b></i> <i><b>Bottled water 500ml (97p) / 300ml (87p), Flavoured water 500ml (£1.18) / 300ml (87p)</b></i> <i><b>Traybakes / Cookies (subject to availability) (97p) – Lunchtimes only*</b></i>				