



Newent Community School and Sixth Form Centre

Striving for Excellence

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Dear Parents/Carers

March 2022

Newent Cycling Training Rides and Coast2Coast 2022

With the aim of improving and increasing cycling and the fun of cycling, we are offering a range of locally based cycle rides. These are open to all year groups (7- 13). These rides aim to gradually build up stamina and resilience so longer rides can be undertaken.

Training Rides

The rides are as follows:

Ride 1 Forest Family Cycle Trail (Friday evening 29/04/22) approximately 12 miles off road

Ride 2 Cinderford to Coleford return (Saturday 14/05/22) approximately 20 miles off road

Ride 3 Severn Ride Chepstow to Gloucester (Sunday 29/05/22) 30miles road/off road

Ride 4 Malvern Hills Ledbury to Bromyard return (Saturday 11/06/22) 35 miles road

Ride 5 Wye Valley Ross to Holme Lacy return (Sunday 26/06/22) 35 miles road

Most rides are all day and students will need to bring a pack lunch and wet weather wear.

We would like parents to transport the students, and their bike, to and from these rides, although some transport will be available with staff.

For each training ride, the student will need:

- A bike which must be suitable for cycle trail and road cycling, electric bikes are not permitted. Ideally this should be the bike that the student hopes to use on the Coast2Coast (C2C).
- A cycle helmet and comfortable cycle clothing (no denim please).
- A small rucksack to carry waterproof clothing, food and a drink.

C2C has been running for a number of years and past experience suggests that some parents often wish to buy a new replacement bike for various reasons prior to the practice rides. Please feel free to ask for advice before this significant purchase.

The cost of participation is £2.00 for all five rides, which includes insurance.

Whilst this is a voluntary contribution, the trip unfortunately cannot proceed without sufficient contributions to make it viable. This cost is non-refundable as soon as the school enters into a financial commitment. No refund will be made if your child subsequently decides not to attend the day.

If you would like to support your child's participation in this challenge, and are able to transport your child to and from the training rides, please complete the Parental Consent form [here](#) and indicate the rides your child would like to attend. Completion of an electronic Consent Form is a requirement of your child attending the event.

The School may be able to offer financial support if such contributions are not affordable for you. If you wish to apply for support to fund this event, please contact the Finance Office; all such applications are dealt with in confidence.

If you would like to attend this event, please make payment via ParentPay. Please note that the School's only method of payment for this event is through ParentPay. You can make payment for this item by selecting the name shown above. The link to this event will be removed on 31st March 2022, so please ensure that you make the payment by this date. We are unable to process any bookings after this date.

Coast2Coast (Devon) – July 2022

We are offering the opportunity for students to take part in a 100 mile cycle ride from Ilfracombe to Plymouth. This ride will be undertaken over 3 days, with 2 nights accommodation on the route.

If you are interested in participating, please tick the box on the consent form. Further details will be provided over the next few weeks. Students who are interested in doing this challenge will need to undertake a minimum of four of the five training rides.

Please feel free to contact me if you have any questions via email jshirley@newent.gloucs.sch.uk.

Yours sincerely

Jason Shirley
Head of Chemistry