



PSHE

This is a complicated world to grow up in and high-quality PSHE education is essential to enable students to negotiate the inevitable challenges and opportunities they will experience in their youth and as adults. PSHE education both helps remove barriers to learning and achievement and increases pupils' future life chances.

PSHE education is a planned programme of learning through which pupils acquire the knowledge, understanding and skills they need to manage their lives now and in the future. As part of a whole school approach, it develops the qualities and attributes pupils need to thrive as individuals, family members and members of society.

Our PSHE education programme consists of a comprehensive, planned and age-appropriate programme with skills such as self-awareness, managing emotions and analysing and managing risk lying at its heart. It is delivered by enthusiastic teachers as part of a broader whole-school approach to personal and social development.

'Newent Community School and Sixth Form Centre is an example of how PSHE education can drive forward improvement across the whole school and exemplifies the finding from Ofsted 2013 PSHE review which found a clear link between outstanding PSHE and outstanding overall judgements. A particular strength of the school is the seamless way the school's pastoral provision, staff development, the taught PSHE programme and local and school data are combining to form one 'system'. This means that the school is flexibly responding to pupils' needs and ensuring relevance and also demonstrates to pupils that the school respects and reflects their real life experience in the classroom.' Nick Bonnington National PSHE Advisor (PSHE Association)

Please use this [link](#) to access resources on the PSHE Association website. Please access the PSHE Association's case study on the contribution of PSHE education to the School's 'Good' Ofsted judgement [here](#).

Health and Wellbeing - Key Stages 3 and 4

- How to manage transition
- How to maintain physical, mental and emotional health and wellbeing including sexual health (Healthy relationships)
- About parenthood and the consequences of teenage pregnancy
- How to assess and manage risks to health and to stay, and keep others, safe
- How to identify and access help, advice and support
- How to make informed choices about health and wellbeing matters including drugs, alcohol and tobacco, maintaining a balanced diet, physical activity, emotional health and wellbeing and sexual health
- How to respond in an emergency including administering first aid
- The role and influence of the media on lifestyle

Relationships - Key Stages 3 and 4

- How to develop and maintain a variety of healthy relationships within a range of social/cultural contexts and to develop parenting skills
- How to recognise and manage emotions within a range of relationships
- How to deal with risky or negative relationships, including all forms of bullying and abuse, sexual and other violence and online encounters
- About the concept of consent in a variety of contexts (including in sexual relationships)



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- About managing loss, including bereavement, separation and divorce
 - To respect equality and be a productive member of a diverse community
 - How to identify and access appropriate advice and support

Living in the Wider World - Key Stages 3 and 4

- About rights and responsibilities as members of diverse communities, as active citizens and participants in the local and national economy
- How to make informed choices and be enterprising and ambitious
- How to develop employability, team working and leadership skills and develop flexibility and resilience
- About the economic and business environment
- How personal financial choices can affect oneself and others and about rights and responsibilities as consumers
- Consider diversity and differences – foster respect and tolerance toward others

Other Organisations

Within the PSHE curriculum we invite in many organisations, individuals and theatre groups to enhance the curriculum, some of these include:

- The Police
- Magistrate
- Clients from Irving Lodge – drug/alcohol
- Employment Law solicitor
- Chelsea's Choice – Child Sexual Exploitation theatre
- Dementia Specialists
- Citizens Advice – Finance
- Gay Glos – Sexuality and Homophobic bullying
- Careers advisors
- Street Wardens
- School Nurse
- Teen Cancer Trust

Should you like to receive any additional information on this subject please contact Miss D Harrill, Head of Department via email admin@newent.gloucs.sch.uk.